


Club Room Life Enrichment Calendar

February 2018

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|---|---|--|--|
| <p>Communion-Every Sunday at 10:15am</p> <p>Sunday Service-Every Sunday in Liberty Hall at 11:00am</p> <p>Catholic Mass-Tuesday February 20th in Liberty Hall at 2:00pm</p> |  | | <p><u>ALL PROGRAMS ARE SUGGESTIONS AND SUBJECT TO CHANGE</u></p> <p><u>All Memory Care Activities Take Place in the 3rd Floor Memory Care Neighborhood</u></p> | <p>1</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Church Services -LH 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30-Bingo 3:30-Refreshments 4:00-Active Game 5:00-Dinner 6:00-Sing Along</p> | <p>2 Groundhog Day</p> <p>10:00-Greetings & Chronicle 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch Pizza Party 1:30-Relaxation 2:00-Manicure 3:00-Refreshments 3:15-Music Therapy with Tara 4:15-Walking Club 5:00-Dinner 6:00- Movie and Popcorn</p> | <p>3</p> <p>10:00-Greetings & Chronicle 10:30-Stretch and Be Fit 11:00-Old Time TV 12:00-Lunch 1:30-Relaxation 2:30- Brush to Canvas Art 3:00-Refreshments 3:30-Active Game 4:00-Soundscapes 5:00-Dinner 6:00-Cranium Crunch</p> |
| <p>4 Super Bowl</p> <p>10:00-St.James Communion 10:15-Greetings & Chronicle 11:00-Sunday Services -LH 12:00-Lunch 1:30-Relaxation 2:45-Entertainment By:Aylus Classical Music Ensemble - LH 3:45-Refreshments 4:00-Soundscapes 5:00-Dinner 6:00 Super Bowl TV/CH 4</p> | <p>5</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 1:30-Out Trip: Drive 2:00-Lisure Time 3:00 Refreshments 3:15-Music Therapy with Tara 3:30-Pet Therapy Visits Traveling 4:15-Rest & Refresh 5:00-Dinner 6:00-Name that Tune</p> | <p>6 African American History Month</p> <p>10:00-Greetings & Chronicle 10:30-Stretch and Be Fit 11:00-Little Footprints Daycare Visit 12:00-Lunch 1:30-Relaxation 2:00-Music Therapy with Tara 3:00-Refreshments 3:30-Fames African Americans 4:00-Leisure Time 5:00-Dinner 6:00-Black History Month Puzzles</p> | <p>7</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Music Therapy with Tara 3:00 Refreshments 3:30-I love Lucie 5:00-Dinner 6:00-Time for Laughter</p> | <p>8</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Church Services -LH 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30-Bingo 3:30- Refreshments 4:00-Active Game 5:00-Dinner 6:00-Sing Along</p> | <p>9 Start Of the Winter Olympics</p> <p>10:00-Greetings & Chronicle 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00- Lunch 1:30-Relaxation 2:00-Manicure 3:00-Refreshments 3:15-Music Therapy with Tara 4:15-Walking Club 5:00-Dinner 6:00-Movie and Popcorn</p> | <p>10</p> <p>10:00-Greetings & Chronicle 10:00-Stretch and Be Fit 11:00-Old Time Radio 12:00-Lunch 1:30-Relaxation 2:30-Brush to Canvas Art 3:00-Refreshments 3:30-Active Game 4:00-Soundscapes 5:00-Dinner 6:00-Cranium Crunch</p> |
| <p>11</p> <p>10:00-St.James Communion 10:15-Greetings & Chronicle 11:00 Sunday Services -LH 12:00-Lunch 1:30-Relaxation 2:30-T with Honey” Jazz Ensemble-LH 3:30-Refreshments 4:00-Leisure Time 5:00-Dinner 6:00- Movie</p> | <p>12</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Out Trip: Lunch 2:00-Leisure Time 3:00-Refreshments 3:15-Music Therapy with Tara 4:15-Rest & Refresh 5:00-Dinner 6:00-Art Therapy with Trish</p> | <p>13 Mardi Gras</p> <p>10:00-Greetings & Chronicle 10:30-Stretch and Be Fit 11:00-Bible Study 12:00-Lunch 1:30-Relaxation 2:30-Fat Tuesday Let the Good Time’s Roll 4:30-Rest & Refresh 5:00-Dinner 6:00-Puzzels & Ponder- Mardi Gras</p> | <p>14 Valentine’s Day</p> <p>10:00-St.James Ash Wednesday 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Valentine’s Social and Love Songs with Tara 5:00-Dinner 6:00-Time for Laughter</p> | <p>15</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Church Services -LH 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30-Bingo 3:15-Refresments 4:00-Active Game 5:00-Dinner 6:00-Sing Along</p> | <p>16 Chinese Year of the Dog</p> <p>10:00-Greetings & Chronicle 10:30-Chinise Zodiac & Fortune Cookies 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch Pizza Party 2:00-Manicure 3:00-Refreshmants 3:15-Music Therapy with Tara 4:15-Walking Club 5:00-Dinner 6:30-Movie and Popcorn</p> | <p>17</p> <p>10:00-Greetings & Chronicle 10:30-Stretch and Be Fit 11:00-Old Time TV 12:00-Lunch 1:30-Relaxation 2:30- Brash to Canvas Art 3:00 Refreshments 4:00-Soundscapes 5:00-Dinner 6:00-Cranium Crunch</p> |
| <p>18</p> <p>10:00-St.James Communion 10:15-Greetings & Chronicle 11:00- Sunday Service- LH 12:00-Lunch 1:30-Relaxation 2:30-Entertainment By: Jerry Spathis-LH 3:30-Refreshments 4:00- Leisure Time 5:00-Dinner 6:00-Movie</p> | <p>19 President’s Day</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Out Trip: Drive 2:00-Lisure Time 3:00-Refreshments 3:15-Music Therapy with Tara 3:30-Pet Therapy Visits Traveling 4:15-Rest & Refresh 5:00-Dinner 6:00-President Bingo</p> | <p>20</p> <p>10:00-Greetings & Chronicle 10:30-Stretch and Be Fit 11:00- Bible Study 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Catholic Mass –LH 2:00-Music Therapy with Tara 3:00-Refreshments 3:30-February IQ 4:00-Leisure Time 5:00-Dinner 6:00-Puzzle & Ponder-Rose Categories</p> | <p>21</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00- Music Therapy with Tara 3:00-Refreshments 3:30-I love Lucie 5:00-Dinner 6:00-Time for Laughter</p> | <p>22</p> <p>10:00-Greetings & Chronicle 11:00-Church Services LH 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30-Bingo 3:00-Refreshments 4:00-Active Game 5:00-Dinner 6:00-Sing Along</p> | <p>23</p> <p>10:00-Greetings & Chronicle 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Manicure 3:00-Refreshmants 3:15-Music Therapy with Tara 4:15-Walking Club 5:00-Dinner 6:00-Movie and Popcorn</p> | <p>24</p> <p>10:00-Greetings & Chronicle 10:30-Stretch and Be Fit 11:00-Old Time Radio 12:00-Lunch 1:30-Relaxation 2:30-Brash to Canvas Art 3:00-Refreshments 3:30-Active Game 4:00-Soundscapes 5:00-Dinner 6:00-Cranium Crunch</p> |
| <p>25</p> <p>10:00-St.James Communion 10:15-Greetings & Chronicle 11:00 Sunday Service - LH 12:00-Lunch 1:30-Relaxation 2:30-Entertainment By: Joe Paris - LH 3:00-Refreshments 4:00- Leisure Time 5:00-Dinner 6:00-Movie</p> | <p>26</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Out Trip: Drive 3:00 Refreshments 3:15-Music Therapy with Tara 4:15-Rest & Refresh 5:00-Dinner 6:00-Art Therapy with Trish</p> | <p>27</p> <p>11:00-Greetings & Chronicle 10:30-Stretch and Be Fit 11:00-Bible Study 12:00-Lunch 1:30-Relaxation 2:00-Catholic Mass –LH 2:00-Music Therapy with Tara 3:00-Refreshments 3:30-February Trivia 4:00-Leisure Time 5:00-Dinner 6:00-Famous February Birthdays –Word Search</p> | <p>28</p> <p>10:00-Greetings & Chronic 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00- Music Therapy with Tara 3:00-Refreahmants 3:30-I love Lucie 5:00-Dinner 6:00-Time for Laughter</p> | | | |