

Club Room Life Enrichment Calendar

DECEMBER

2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>31 New Years Eve</p> <p>10:00-Communion 11:00-Sunday Services 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 3:00-Refreshments 4:00-Soundscapes 5:00-Dinner 6:30-8:00-New Years Eve Party-LH Entertainment By: Candy Nelson</p> 	<p>ALL PROGRAMS ARE SUGGESTIONS AND SUBJECT TO CHANGE</p> <p><u>All Memory Care Activities Take Place in the 3rd Floor Memory Care Neighborhood Except Otherwise Noted</u></p>				<p>Communion-Every Sunday at 10:15am</p> <p>Sunday Service-Every Sunday in Liberty Hall at 11:00am</p> <p>Catholic Mass-Tuesday December 19 Liberty Hall at 2:00pm</p>	<p>1</p> <p>10:00-Greetings & Chronicle 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30- Manicure 3:00-Refreshments 3:15-Music Therapy with Tara 3:30-Refreshments 4:30-Walking Club 5:00-Dinner 6:30- Movie</p>	<p>2</p> <p>10:00-Greetings & Chronicle 10:30-Stretch and Be Fit 11:00-Time To Remember 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30-Paint By Numbers 3:00-Refreshments 3:30-Active Game 4:00-Soundscapes 5:00-Dinner 6:00-Word from A Word</p>
<p>3</p> <p>10:00 -Communion 11:00 - Sunday Services 11:30 -Rest & Refresh 12:00 - Lunch 1:30-Relaxation 2:30 -Entertainment By: Lester Smith LH 3:30- Refreshments 4:00-Soundscapes 5:00-Dinner 6:00-Movie</p>	<p>4</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 1:30-Out Trip: Drive 3:00- Refreshments 3:15-Music Therapy with Tara 3:30-Pet Therapy 4:00-Soundscapes 5:00-Dinner 6:30-Art Therapy with Trish</p>	<p>5</p> <p>10:00-Greetings & Chronicle 10:15-Chair Yoga 11:00-Worship with lan 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Music Therapy with Tara 3:00-Refreshments 3:15-Christmas Card and History 4:00-Leisure Time 5:00-Dinner 6:00-It's a Wonderful Life Crossword</p>	<p>6</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Music Therapy with Tara 3:15-Tea time 4:00-Leisure Time 5:00-Dinner 6:00-Bingo</p>	<p>7 Pearl Harbor Day</p> <p>10:00-Greetings & Chronicle 10:15-Stretch and Be Fit 11:00- Church Services in LH 12:00-Lunch 1:30-Relaxation 2:00-Gingerbread House 3:30- Refreshments 4:00-Active Game 5:00-Dinner 6:00-Sound of Seasons Sing Along</p>	<p>8</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00- Lunch Pizza Party 1:30-Relaxation 3:00-Manicure 3:15-Music Therapy with Tara 3:30-Refreshments 4:00-Girl Scout Carolers -T 5:00-Dinner 6:30-Movie</p> 	<p>9</p> <p>10:00-Greetings & Chronicle 10:30-Stretch and Be Fit 11:00-Time to Remember 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30-Paint By Numbers 3:00-Refreshments 3:30-Active Game 4:00-Soundscapes 5:00-Dinner 6:30-Word from A Word</p>	
<p>10</p> <p>10:00-Communion 11:00- Sunday Services 12:00-Lunch 1:30-Relaxation 2:30-Entertainment By: Ken Johnston LH 3:30- Refreshments 4:00-Soundscapes 5:00-Dinner 6:00-Movie</p>	<p>11</p> <p>10:00-Greetings & Chronicle 10:30-Little Footprints Visit 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 11:30-Out Trip: Lunch 3:00-Refreshments 3:15-Music Therapy with Tara 4:00-Soundscapes 5:00-Dinner 6:30-Wintery Night Painting</p>	<p>12 Hanukkah Begins</p> <p>10:00-Greetings & Chronicle 10:15- Chair Yoga 11:00-Worship with lan 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30-Music Therapy with Tara 3:30-Refreshments & Nutcracker Story 4:00-Leisure Time 5:00-Dinner 6:00-Creating Christmas Carols Word Game</p> 	<p>13</p> <p>10:00-Greetings & Chronicle 10:30-Green & Grinchy Hot Coca Social 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Music Trivia 3:15-Tea Time 4:00-Leisure Time 5:00-Dinner 6:00-Bingo</p>	<p>14</p> <p>10:00-Greetings & Chronicle 10:15-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30-Christmas Party 5:00-Dinner 6:00-Sound of Season Sing Along</p> 	<p>15</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30-Manicure 3:00-Refreshments 3:15-Music Therapy with Tara 4:30-Walking Club 5:00-Dinner 6:30-Movie</p>	<p>16</p> <p>10:00-Greetings & Chronicle 10:30-Stretch and Be Fit 11:00-Time To Remember 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30-Paint By Numbers 3:00-Refreshments 3:30-Active Game 4:00-Soundscapes 5:00-Dinner 6:30-Word from A Word</p>	
<p>17</p> <p>10:00-Communion 11:00- Sunday Services 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30-Entertainment By: Somers & Steel LH 3:30-Refreshments 4:00- Girl Scout Carolers -T 5:00-Dinner 6:00-Movie</p> 	<p>18</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:30-Rest & Refresh 12:00- Lunch 1:30-Relaxation 1:30-Out Trip: Drive 3:00- Refreshments 3:15-Music Therapy with Tara 4:00-Soundscapes 5:00-Dinner 6:30-Art Therapy with Trish</p>	<p>19</p> <p>10:00-Greetings & Chronicle 10:15- Chair Yoga 11:00-Worship with lan 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Catholic Mass-LH 2:00-Music Therapy with Tara 3:00-Refreshments 3:30-Team Members Carolers 4:00-Leisure Time 5:00-Dinner 6:00-Christmas Trivia</p> 	<p>20</p> <p>10:00-Greetings & Chronicle 10:15-Mindercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Music Trivia 3:15-Tea Time 4:00-Leisure Time 5:00-Dinner 6:00-Bingo</p>	<p>21 Winter Begins</p> <p>10:15-Stretch and Be Fit 11:00-Church Services in LH 12:00-Lunch 1:30-Relaxation 2:30-Team / Resident Holiday Show -LH 3:30-Refreshment 5:00-Dinner 6:00-Sound of Season Sing Along</p> 	<p>22 Ugly Sweater Day</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00- Pizza Party 1:30-Relaxation 2:00-Hanukkah Presentation with Andrea 3:00-Potato Latkes & Refreshments 3:15-Music Therapy with Tara 4:30-Walking Club 5:00-Dinner 6:30-Movie</p>	<p>23</p> <p>10:00-Greetings & Chronicle 10:30-Stretch and Be Fit 11:00-Time To Remember 12:00-Lunch 1:30-Relaxation 2:30-Paint By Numbers 3:15- Refreshments 4:00-Soundscapes 5:00-Dinner 6:00-Word from A Word</p>	
<p>24 Christmas Eve</p> <p>10:00-Communion 11:00- Sunday Services 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30-Entertainment By: Joe Paris in LH 3:30-Refreshments 4:00- Leisure Time 5:00-Dinner 6:00-Movie</p>	<p>25 Merry Christmas</p> <p>10:30-The Christmas Story 11:00-Christmas Around The World 11:30-Rest & Refresh 1:30-Relaxation 2:00-Christmas Social Friends & Family are Always Welcome 4:00-Soundscapes 5:00-Dinner 6:00- Christmas Movie</p> 	<p>26 Kwanzaa Begins</p> <p>10:00- Greetings & Chronicle 10:30-Chair Yoga 11:00-Worship with lan 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00- Music Therapy with Tara 3:00-Refreshments 3:30-December IQ 4:00-Leisure Time 5:00-Dinner 6:00-Symbols of Kwanza</p>	<p>27</p> <p>10 00-Greetings & Chronicle 10:30- Coffee Social With First Floor Neighborhood 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00- Music Therapy with Tara 3:15-Tea Time 4:00- Leisure Time 5:00-Dinner 6:00-Bingo</p>	<p>28</p> <p>10:00-Greetings & Chronicle 10:15:Stretch and Be Fit 11:00-Church Services In LH 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30- Snowflake Making 3:30-Refreshments 4:00-Active Game 5:00-Dinner 6:00-Sound of Season Sing Along</p>	<p>29</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30- Manicure 3:30-Refreshments 4:30-Walking Club 5:00-Dinner 6:30-Movie</p>	<p>30</p> <p>10:00-Greetings & Chronicle 10:30-Stretch and Be Fit 11:00- Time To Remember 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30-Paint By Numbers 3:00-Refreshments 4:00-Soundscapes 5:00-Dinner 6:00-Word from A Word</p>	