

# Club Room Life Enrichment Calendar

# February 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Communion-Every Sunday at 10:15am</b></p> <p><b>Sunday Service-Every Sunday in Liberty Hall at 11:00am</b></p> <p><b>Catholic Mass-Tuesday February 21th in Liberty Hall at 2:00pm</b></p>			<p><b>1</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest &amp; Refresh 12:00-Lunch 1:30- Relaxation 2:00- Music Therapy with Lindsey 3:15-Neighborhood Circle 3:30-Happy Hour 5:00-Dinner 6:00- Word Game</p>	<p><b>2 Groundhog Day</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Mindercise 11:00- Church services 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation 2:30- Music Therapy with Lindsey 3:00 -Refreshments 4:00-Puzzele &amp; Ponder - Groundhog Day 5:00-Dinner 6:00- Time for Laughter</p>	<p><b>3</b></p> <p>10:00-Greetings &amp; Chronicle 10:15-Backing Corner 11:00-Stretch and Be Fit 11:30-Rest &amp; Refresh 12:00-Lunch Pizza Party 1:30-Relaxation 2:30-Manicure 3:00-Tea Time &amp; Baked Goods 4:00-Walking Club 5:00-Dinner 6:00- Movie and Popcorn</p>	<p><b>4</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation 2:30- Brush to Canvas Art 3:00-Refreshments 3:30-Active Game 4:00-Soundscapes 5:00-Dinner 6:00-Cranium Crunch</p>
<p><b>5 Super Bowl</b></p> <p>10:00-St.James Communion 10:15-Stretch &amp; Be Fit 11:00-Sunday Services 11:30 Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation <b>2:30- Entertainment By:Aylus Classical Music Ensemble In LH</b> <b>3:00-Refreshments</b> 4:00-Soundscapes 5:00-Dinner 6:00 Super Bowl TV/CH 4 7:00-America's Funniest Videos-TV/CH 7</p>	<p><b>6</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation <b>1:30-Out Trip: Drive</b> 2:00-Lisure Time 3:00 Refreshment 3:30-Pet Therapy 4:00-Active game 5:00-Dinner 6:00-Sing along</p>	<p><b>7 African American History Month</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Stretch and Be Fit 11:00- Worship with Ian 12:00-Lunch 1:30-Relaxation 2:00-Music Therapy with Lindsey 3:00-Refreshments 3:30-Fames African Americans 4:00-Active Game 5:00-Dinner 6:00-Sing Along</p>	<p><b>8</b></p> <p>10:00- St James Ash Wednesday 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation 2:00- Music Therapy with Lindsey 3:00 Refreshments 4:00-Active Game 5:00-Dinner 6:00- Word Game</p>	<p><b>9</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit Zumba 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation 2:30-Music Therapy with Lindsey 3:00- Refreshments 4:00-Pie In The sky Short Story 5:00-Dinner 6:00-Time for Laughter</p>	<p><b>10</b></p> <p>10:00-Greetings &amp; Chronicle 10:15-Backing Corner 11:00-Stretch and Be Fit 11:30-Rest &amp; Refresh 12:00- Lunch 1:30-Relaxation 2:00-Manicure 3:00-Tea Time &amp; Baked Goods 4:00-Walking Club 5:00-Dinner 6:00-Movie and Popcorn</p>	<p><b>11</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation 2:30-Brush to Canvas Art 3:00-Refreshments 3:30-Active Game 4:00-Soundscapes 5:00-Dinner 6:00-Cranium Crunch</p>
<p><b>12</b></p> <p>10:00-St.James Communion 10:15-Stretch &amp; Be Fit 11:00 Sunday Services 11:30 Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation <b>2:30 -Love Song With Ken Johnston In LH</b> <b>3:30-Refreshments</b> 4:00-Leisure Time 5:00-Dinner 6:00- Music Therapy with Lindsey</p>	<p><b>13</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit <b>11:30-Out Trip: Lunch</b> 2:00-Leisure Time 3:00-Refreshment 3:30-Presidents Day Trivia 4:00 -Active Game 5:00-Dinner 6:00-Bingo</p>	<p><b>14 Valentine's Day</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Stratch and Be Fit. 11:00-Worship with Ian 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation <b>2:30- Entertainment</b> <b>3:30- Valentine's Social</b> 5:00-Dinner 6:00-Sing Along</p>	<p><b>15 Washington's Birthday</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation 2:00-Music Therapy with Lindsey 3:15-Neighborhood Circle &amp; Happy Hour 5:00-Dinner 6:30-Word Game</p>	<p><b>16</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit Zumba 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation 2:30-Music Therapy with Lindsey 3:00-Refresments 4:00-Puzzele &amp; Ponder-Rose Categories 5:00-Dinner 6:00-Time for Laughter</p>	<p><b>17</b></p> <p>10:00-Greetings &amp; Chronicle 10:15-Baking Corner 11:00-Stretch and Be Fit 11:30-Rest &amp; Refresh 12:00-Lunch Pizza Party 1:30-Relaxation 2:00-Manicure 3:00-Tee Time &amp; Baked Goods 4:00-Walking Club 5:00-Dinner 6:00-Movie and Popcorn</p>	<p><b>18</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation 2 :30- Brash to Canvas Art 3:00 Refreshments 4:00-Soundscapes 5:00-Dinner 6:00-Cranium Crunch</p>
<p><b>19</b></p> <p>10:00-St.James Communion 10:15-Stretch &amp; Be Fit 11:00- Sunday Services 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation <b>2:30-Entertainment By: Jerry Castaldo in LH</b> <b>3:30-Refreshments</b> 4:00- Leisure Time 5:00-Dinner 6:00-Music Therapy 7:00-America's Funniest Videos-TV/CH 7</p>	<p><b>20 President's Day</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest &amp; Refresh 12:00-Lunch <b>1:30-Out Trip: Drive</b> 2:00-Lisure Time 3:00-Refreshment 3:30-Pet Therapy 4:00-Active Game 5:00-Dinner 6:00-Bingo</p>	<p><b>21</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Stretch and Be Fit 11:00-Worship with Ian 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation 2:00-Catholic Mass -LH 2:00-Music Therapy with Lindsey 3:00-Refreshments 3:30-February IQ 4:00-Active Game 5:00-Dinner 6:00-Sing Along</p>	<p><b>22</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation 2:00- Music Therapy with Lindsey 3:00-Refreshments 4:00- Active Game 5:00-Dinner 6:30-Word Game</p>	<p><b>23</b></p> <p>10:00-Stretch and Be Fit Zumba 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation 2:30-Music Therapy with Lindsey 3:00-Refreshments 4:00-Puzzels &amp;ponder-Mardi Gras 5:00-Dinner 6:00-Time for Laughter</p>	<p><b>24</b></p> <p>10:00-Greetings &amp; Chronicle 11:00-Stretch and Be Fit 11:30-Rest &amp; Refresh 12:00 Lunch 1:30-Relaxation 2:00-Manicure 2:30-Birthday Party 5:00-Dinner 6:30-Movie and Popcorn</p>	<p><b>25</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation 2:30-Brush to Canvas Art 3:00-Refreshments 3:30-Active Game 4:00-Soundscapes 5:00-Dinner 6:00-Cranium Crunch</p>
<p><b>26</b></p> <p>10:00-St.James Communion 10:30Stretch and Be Fit 11:00 Sunday Services 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation <b>2:30-Entertinment By: Bill Frye In LH</b> <b>3:00-Refreshments</b> 4:00- Leisure Time 5:00-Dinner 6:00-Music Therapy with Lindsey 7:00-America's Funniest Videos-TV/CH 7</p>	<p><b>27</b></p> <p>10:00-Greetings &amp; Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest &amp; Refresh 12:00-Lunch <b>1:30-Out Trip: Drive</b> 2:00-Leisure Time 3:00 Refreshment 4:00-Active Game 5:00-Dinner 6:00-Bingo</p>	<p><b>28 Mardi Gras</b></p> <p>10:00-Greetings &amp; Chronic 10:30-Stretch and Be Fit 11:00-worship with Ian 11:30-Rest &amp; Refresh 12:00-Lunch 1:30-Relaxation 2:00- Fat Tuesday Let the Good Time's Roll With Music Therapist Lindsey 3:00-Pancake Party Create you One 4:30- Rest &amp; Refresh 5:00-Dinner 6:00-Sing Along</p>			<p style="text-align: center;"><u>ALL</u> <u>PROGRAMS ARE SUGGESTIONS AND</u> <u>SUBJECT TO CHANGE</u></p> <p style="text-align: center;"><u>All Memory Care Activities</u> <u>Take Place in the 3rd Floor</u> <u>Memory Care Neighborhood</u> <u>Except Otherwise Noted</u></p>	