

Club Room Life Enrichment Calendar

October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>1</p> <p>10:15 - Communion 11:00-Sunday Services In LH 12:00-Lunch 1:30-Relaxation 2:30-Sing Along 3:30-Refreshments 4:00-Leisure Time 5:00-Dinner 6:00-Movie</p>	<p>2</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30- Out Trip: Autumn Foliage Drive 3:00-Refreshments 3:00-Pet Therapy 3:15-Music Therapy with Tara 4:15-Leisure Time 5:00-Dinner 6:00-Color you One Bookmark</p>	<p>3</p> <p>10:00-Greetings & Chronicle 10:30- Worship with Ian 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 2:00-Music Therapy with Tara 3:00-Refreshments 3:30-October IQ 4:00-Soundscapes 5:00-Dinner 6:00-All About Squirrels Word Game</p>	<p>4</p> <p>10:00-Greetings & Chronicle 10:30-Midercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00- Music Therapy with Tara 3:00-Refreshments 3:15-What Am I ? 4:30-Leisure Time 5:00-Dinner 6:30-Sing Along</p>	<p>5</p> <p>10:00-Greetings & Chronicle 10:30-Stretch and Be Fit 11:00-Church Services in LH 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Music Bingo 3:00-Refreshments 3:30-Bowling 4:00-Leisure Time 5:00-Dinner 6:00-Category Trivia</p>	<p>6</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30 -Manicure 3:00-Refreshments 3:15-Music Therapy with Tara 4:30-Leisure Time 5:00-Dinner 6:00- Movie</p>	<p>7</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Brush to Canvas :Paint by Number 3:30-Refreshments 3:30-Active Game 4:00-Soundscapes 5:00-Dinner 6:00-Cranium Crunch</p>	
<p>8</p> <p>10:15-Communion 11:00-Sunday Services in LH 12:00-Lunch 1:30-Relaxation 2:30-Entertainment :Candy Nelson LH 3:30-Refreshments 4:00-Leisure Time 5:00-Dinner 6:00-Movie</p>	<p>9 Columbus Day</p> <p>10:00-Greetings & Chronicle 10:30-Columbus Day Discussion and Trivia 11:00-Stretch and Be Fit 12:00-Linch 1:30-Out Trip: Autumn Foliage Drive 3:00-Refreshments 3:15-Music Therapy with Tara 4:15-Leisure Time 5:00- Dinner 6:00-Art Therapy with Trish</p>	<p>10</p> <p>10:00-Greetings & Chronicle 10:30- Worship with Ian 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Music Therapy with Tara 3:00-Refreshments & Time for Laughter 4:00-Soundscapes 5:00-Dinner 6:00- Libra Categories Word Game</p>	<p>11</p> <p>10:00-Greetings & Chronicle 10:30-Midercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Music Therapy with Tara 3:00-Neighborhood Circle &Happy Hour 4:30-Leisure Time 5:00-Dinner 6:30-Sing Along</p>	<p>12</p> <p>10:00-Greetings & Chronicle 10:30- Stretch and be Fit 11:00-Church Services in LH 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Instrument Bingo 3:00-Refreshments & Short Story 4:00-Bowling 4:00-Leisure Time 5:00-Dinner 6:00-Jeopardy Trivia</p>	<p>13</p> <p>10:00-Greetings & Chronicle 10:30-Midercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Pizza Party Lunch 1:30-Relaxation 2:30 -Manicure 3:00-Refreshments 3:15-Music Therapy with Tara 4:30-Leisure Time 5:00-Dinner 6:00-Movie</p>	<p>14</p> <p>10:00-Greetings & Chronicle 10:30-Midercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Brush to Canvas ; Picasso Child with A Dove 3:30-Refreshments 4:00-Soundsc 5:00-Dinner 6:00-Cranium Crunch</p>	
<p>15</p> <p>10:00-Communion 11:00-Sunday Services in LH 12:00-Lunch 1:30-Relaxation 2:30-Entertainment:Lester Smith LH 3:30-Refreshments 4:00-Leisure Time 5:00-Dinner 6:00-Movie</p>	<p>16</p> <p>10:00-Greetings & Chronicle 10:30-Mindercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 11:30-Out Trip: Lunch at Chimney Rock 3:00-Refreshments 3:15-Music Therapy with Tara 4:15-Leisure Time 5:00-Dinner 6:00-Leaf Stamping</p>	<p>17</p> <p>10:00-Greetings & Chronicle 10:30-Worsip with Ian 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Chatolic Mass LH 2:00- Music Therapy with Tara 3:00- Refreshments 3:30-Drama Club: Haunted House 4:00-Soundscapes 5:00-Dinner 6:00-Searching for October Word Search</p>	<p>18</p> <p>10:00-Greetings & Chronicle 10:30-Midercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Music Therapy 3:15-Refreshments 3:30-Who Am I? 5:00-Dinner 6:30-Sing Along</p>	<p>19</p> <p>10:00-Greetings & Chronicle 10:30-Stretch and Be Fit 11:00-Church Services in LH 12:00-Lunch 1:30-Relaxation 2:30-Entertainment with Jeff-LH 3:30-Refreshments 4:00-Bowling 5:00-Dinner 6:00-Random Trivia</p>	<p>20</p> <p>10:00-Greetings & Chronicle 10:30-Midercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30-Manicure 3:15-Refreshments 3:15-Music Therapy with Tara 4:30-Leisure Time 5:00-Dinner 6:00-Movie</p>	<p>21</p> <p>10:00-Greetings & Chronicle 10:30-Midercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Brush to Canvas ; Paint by number 3:00-Refreshments 3:30-Active Game 4:00-Soundscapes 5:00-Dinner 6:00-Cranium Crunch</p>	
<p>22</p> <p>10:15-Communion 11:00-Sunday Services in Liberty Hall 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30-Entertainment:Tom Aqifs LH 3:30-Refreshments 4:00-Leisure Time 5:00-Dinner 6:00-Movie</p>	<p>23</p> <p>10:00-Greetings & Chronicle 10:30-Midercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Out Trip: Autumn Foliage Drive 3:00-Refreshments 3:15-Music Therapy with Tara 4:15-Leisure Time 5:00-Dinner 6:00-Art Therapy with Trish</p>	<p>24</p> <p>10:00-Greetings & Chronicle 10:30-Worship with Ian 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 2:00-Music Therapy with Tara 3:00-Pumpkin Carving 4:00-Soundscapes 5:00-Dinner 6:00-Fames October Birthdays Word Search</p>	<p>25</p> <p>10:00-Greetings & Chronicle 10:30-Midercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Music Therapy with Tara 3:15-Neighborhood Circle &Happy Hour 4:30-Leisure Time 5:00-Dinner 6:30-Sing Along</p>	<p>26</p> <p>10:00-Greetings & Chronicle 10:30-Stretch and Be Fit 11:00-Church Services in LH 12:00-Lunch 1:30-Relaxation 2:00-Music Bongo 3:30-Refreshments &Short Story 4:00-Bowling 5:00-Dinner 6:00-Jeopardy Trivia</p>	<p>27</p> <p>10:00-Greetings & Chronicle 10:30-Midercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Pizza Party Lunch 1:30-Relaxation 2:30-Manicure 3:15-Refreshments 3:15-Music Therapy with Tara 4:30-Leisure Time 5:00-Dinner 6:00- Movie</p>	<p>28</p> <p>10:00-Greetings & Chronicle 10:30-Midercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:00-Brush to Canvas ;Picasso Courtesan with Necklace of Gems 3:00-Refreshments 3:30-Active Game 4:00-Soundscapes 5:00-Dinner 6:00-Cranium Crunch</p>	
<p>29</p> <p>10:15-Communion 11:00-Sunday Services in Liberty Hall 11:30-Rest & Refresh 12:00-Lunch 1:30-Relaxation 2:30-Enteainer: Joe Paris LH 3:30-Refreshments 4:00-Leisure Time 5:00-Dinner 6:00-Movie</p>	<p>30</p> <p>10:00-Greetings & Chronicle 10:30-Midercise 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 1:30-Out Trip: Autumn Foliage Drive 3:00-Refreshments 3:15-Music Therapy with Tara 4:15-Leisure Time 5:00-Dinner 6:00-Autumn Collage</p>	<p>31 Halloween</p> <p>10:00-Greetings & Chronicle 10:30-Worship with Ian 11:00-Stretch and Be Fit 11:30-Rest & Refresh 12:00-Lunch 2:00-Music Therapy with Tara 3:00- Halloween Party 5:00-Dinner 6:00-Scary Categories Word Game</p>	 <p>Happy Halloween</p>			<p>Communion-Every Sunday in Liberty Hall at 10:00am</p> <p>Sunday Service-Every Sunday in Liberty Hall at 11:00am</p> <p>Catholic Mass-Tuesday October 17th in Liberty Hall at 2:00pm</p>	<p><u>ALL PROGRAMS ARE SUGGESTIONS AND SUBJECT TO CHANGE</u></p> <p><u>All Memory Care Activities Take Place in the 3rd Floor Memory Care Neighborhood</u></p>